

## Why choose us

Our program is unique because of its dedicated staff and their focus on education and advance preparation. We emphasize camaraderie among the staff and program participants to inspire and motivate everyone to meet their personal goals.

Since formalizing the Joint Replacement Program in 2008, 95 percent of participants said they would recommend this program to a friend or family member and 97 percent said they would consider participating again.



## Insurance

Most insurance plans cover joint replacement, but you should check with your health plan to determine the extent of your coverage.

## Act now

Let us help you find your freedom to do the activities you enjoy.

For more information about our program, please call (541) 812-5050.

*“All of the joint patients are in a special part of the hospital and they have everything set up perfectly for your recovery. They watch your pain so closely and get you moving right away.”*

– Martha Gammon, Albany

 **Samaritan**  
Albany General Hospital  
*Building healthier communities together*

 **Samaritan**  
Mid-Valley Orthopedics  
*Building healthier communities together*

(541) 812-5050

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# Joint Replacement Program

at Samaritan Albany General Hospital  
and Samaritan Mid-Valley Orthopedics





## The Joint Replacement Program

We understand that joint replacement is a significant decision, which is why our program is based on advanced preparation, education, group therapy and long-term outcomes tracking.

Once you have decided that joint replacement is the right treatment for you, a team from Samaritan Mid-Valley Orthopedics, Samaritan Rebound Physical Therapy and the Surgery and Rehabilitation departments at Samaritan Albany General Hospital come together to provide you high-quality, compassionate service that will get you back to doing what you love, whether it is hiking, walking, dancing or golfing.

## What sets us apart

### Our surgeons

Samaritan Mid-Valley Orthopedics boasts reputable and talented surgeons who are dedicated to helping you find the best solution to alleviate your joint pain.

### Education

Our program features a special joint replacement class that educates joint replacement candidates on the surgery process, medications, physical therapy, medical equipment, how to prepare yourself for surgery and your home for recovery, and more.



### Support

At our joint replacement class, you will meet people who will have surgery at the same time as you. Your joint replacement classmates, your joint health care team and your support person or family members will all be part of the experience, and are a great source of encouragement and motivation.

### Multidisciplinary team

Our team of specially trained orthopedic surgeons, joint care nurses, physical therapists and occupational therapists all work together to create an individual care plan that is just right for you.

### Wellness approach

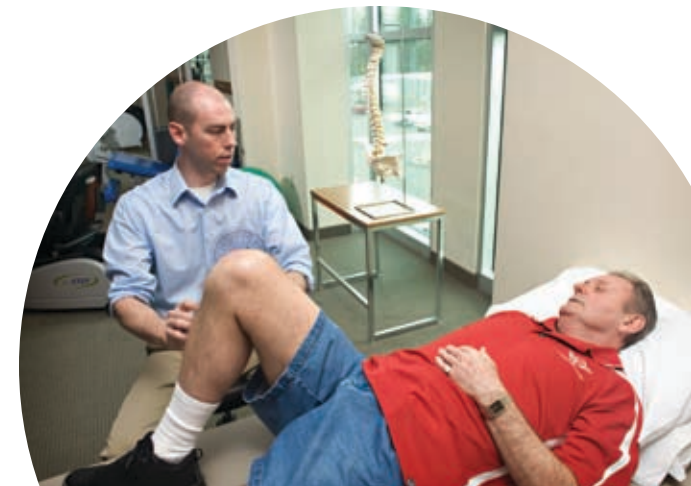
Our team maintains the belief that joint replacement candidates are not sick, they are just in need of some rejuvenation. That's why during your hospital stay you will be encouraged to wear your own clothing, not the hospital gowns, once you are able. Activities such as movie nights and Wii tournaments are planned during your stay to invigorate your spirit of wellness and active living.

### Other services

Our discharge planner can help you arrange for medical equipment, arrange for in-home care and connect you with other services that may benefit you during your recovery.

*“The whole package was such a classy operation. I’ve loaned my booklet to others who are considering surgery. I would recommend it to anyone.”*

– Nick Baley, Albany



*Do you have joint pain that's preventing you from living an active lifestyle?*

*Consider total joint replacement, and reclaim your physical independence.*