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Wiley Creek Ripple

A publication for the
friends and families of
Wiley Creek Community

Meet Rosalie Ann Livingston



Ann has fond childhood memories of playing in the garden and fruit trees in the summer and four to five feet of snow in the winter.

Please say "hi" to Rosalie Ann Livingston, who joined us at Wiley Creek Community in December. She has already become a familiar face at our activities.

Ann was born Nov. 6, 1942, to Stanley and Thelma Livingston in New Westminster, B.C. She had two sisters and a brother. Her father worked in a sawmill and her mother was a homemaker.

She has fond memories of her childhood, growing up on the outskirts of New Westminster, with a garden and fruit trees in the summer and four to five feet of snow in the winter. She enjoyed playing in the snow, as well as ice skating. She also enjoyed playing field hockey.

When Ann was 13, the family moved to Bellingham, Wash. They moved to Springfield, Ore. when she was 17, where she finished high school.

After high school, Ann worked in nursing homes and did in-home care. She moved to Sweet Home in 1974 to work at the Twin Oaks facility.

She met her husband, Max E. Fuller, through a friend in Springfield. They were married in 1975.

Max was a log truck driver for Titus Logging in Sweet Home. After the company closed, he worked for the Linn County Road Department.

Ann worked at Twin Oaks for 10 years, then at the Stayton Cannery for 18 years until she retired. She has one stepdaughter, Carolyn, and two stepsons, Jim and Pete. Carolyn lives in The Dalles, Jim lives in Sweet Home and Pete is in

ANN continues on page 3.

Let's take a tour of the tulips

Our April trip will be to the Wooden Shoe Tulip Farm for the 25th Annual Tulip Fest. This is a 40-acre farm with more than 100 varieties of tulips. The farm will provide us with a tour guide on the bus as we tour around their gardens.

We will have lunch at their café before visiting their unique gift store to buy bulbs, china goods and other novelty items.

ANN continued from cover.

Lincoln City. Ann also has two grandchildren and three great grandchildren.

She has a wide range of interests, from dogs to country music to cake decorating. She has taken several 4H classes on photography, and she enjoys knitting, puzzle books, crosswords, puzzles, trivia, bingo, all kinds of board games and playing cards.

We enjoy having her here as she is always pleasant and helpful in every way.

Nursing notes Written by Sarah Redfern, RN, WCC

We have all heard about the benefits of exercise and keeping the body fit. I would like to talk about keeping the mind fit as well.

The two aren't actually separated: To keep a sharp mind, one of the main things you need to do is be physically active. Physical activity keeps good blood flow and oxygen to the brain, and helps prevent stroke and heart disease.

You can keep your mind sharp and engaged with any hobby or activity you do on a regular basis. The brain is like any other part of our body—if we don't use it and challenge it, it will get weak, flabby and not work up to its full potential.

Doing mental exercises such as word puzzles, reading, writing and anything that really makes you think and concentrate strengthens the mind. It also helps prevent some forms of dementia.

So exercise your brain today!

Happy birthday

Residents

Lester Scott	Thur. 1
Ruth McCullough	Thur. 8
Patty Schuller	Sat. 10
Betty Danielson	Sun. 18
Dan Barry	Fri. 23

Staff

Naomi Atwood	Sat. 17
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Crossword answers

Across

1. Mango 3. Pasties 6. Canteen
7. Gravy 9. Tea 10. Soda
14. Hot dog 15. Saucer 19. Eats
20. Nut 22. Melba 23. Tabasco
24. Gherkin 25. Chive

Down

1. Mace 2. Oregano 3. Pantry
4. Sugar 5. Soy 8. Apricot
11. Oatmeal 12. Pork 13. Chef
16. Acerbic 17. Mutton
18. Snack 21. Sole 22. Mug

*“For He is
our God and we
are the people of His
pasture, the flock
under His care.”*

Psalm 95:7

Flower God, God of the Spring

*“Flower god, god of the spring, beautiful, bountiful,
Cold-dyed shield in the sky, lover of versicles,
Here I wander in April
Cold, grey-headed; and still to my
Heart, Spring comes with a bound, Spring the deliverer,
Spring, song-leader in woods, chorally resonant;
Spring, flower-planter in meadows,
Child-conductor in willowy
Fields deep dotted with bloom, daisies and crocuses:
Here that child from his heart drinks of eternity:
O child, happy are children!”*

– Robert Louis Stevenson, 1890

Samaritan Wiley Creek Community considers and admits residents without regard to race, religion, color, nationality and gender. We comply with the Fair Housing Act.

Return Service Requested

5050 Mountain Fir Street
Sweet Home, OR 97386

Wiley Creek Community
Samaritan 

