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Wiley Creek Ripple

A publication for the
friends and families of
Wiley Creek Community

Meet Patty Schuller

Please welcome Patty Schuller to Wiley Creek Community! Patty joined us in January, and she enjoys each day here.

Patty was born Dolores Patricia Fender on April 10, 1922, in Walla Walla, Wash., to Lester and Lilah Fender. She had one younger sister.

When Patty was 4, her family moved to Chula Vista, Calif. Her father owned a service station and towing service, and he was so busy driving the tow truck that her mother pumped gas.

Patty enjoyed her childhood with her parents and family, as well as her school and friends. She attended Chula Vista grade schools, Sweet Water High School and San Diego State University where she studied to be a teacher.

In her first year at San Diego State University, a friend introduced Patty to Dick Schuller. Dick's family had come from Germany, where things



Patty Schuller enjoys her time at Wiley Creek.

were difficult. Dick felt it was important to have a home and a family, so when he proposed to Patty, he told her that she would never have to work.

Patty and Dick were married in 1940. He worked for a milk company at first, but he later went into real estate, where he excelled.

The couple had two children: Leslie Ann and Richard. Dick and Patty raised the kids in a historical home in Chula Vista, where Patty enjoyed gardening,

cooking, homemaking and building an extensive collection of Hummel figurines.

Leslie Ann married a Sweet Home resident and settled there. Patty and Dick later purchased the house next to Leslie Ann. Dick passed away in 2002 after 62 years of marriage, and Patty moved into the house next to Leslie Ann in Sweet Home in 2007.

PATTY continues on page 3.

May events and outings

| | |
|--------------------------|---------|
| Blue Light Special | Sat. 1 |
| Wild Roses perform | Mon. 3 |
| Yvonne Eye Care visits | Tue. 4 |
| Mother's Day tea | Fri. 7 |
| Piano with Ray Hendricks | Tue. 11 |
| Thrift store shopping | Tue. 17 |
| Nursery trip for plants | Fri. 19 |
| Resident Council meeting | Fri. 21 |

In Memoriam

Ruth McCullough passed away March 31. Please join us in offering our condolences to her family and friends.

"A mother is a person who, seeing there are only four pieces of pie for five people, promptly announces she never did care for pie."

– Tenneva Jordan

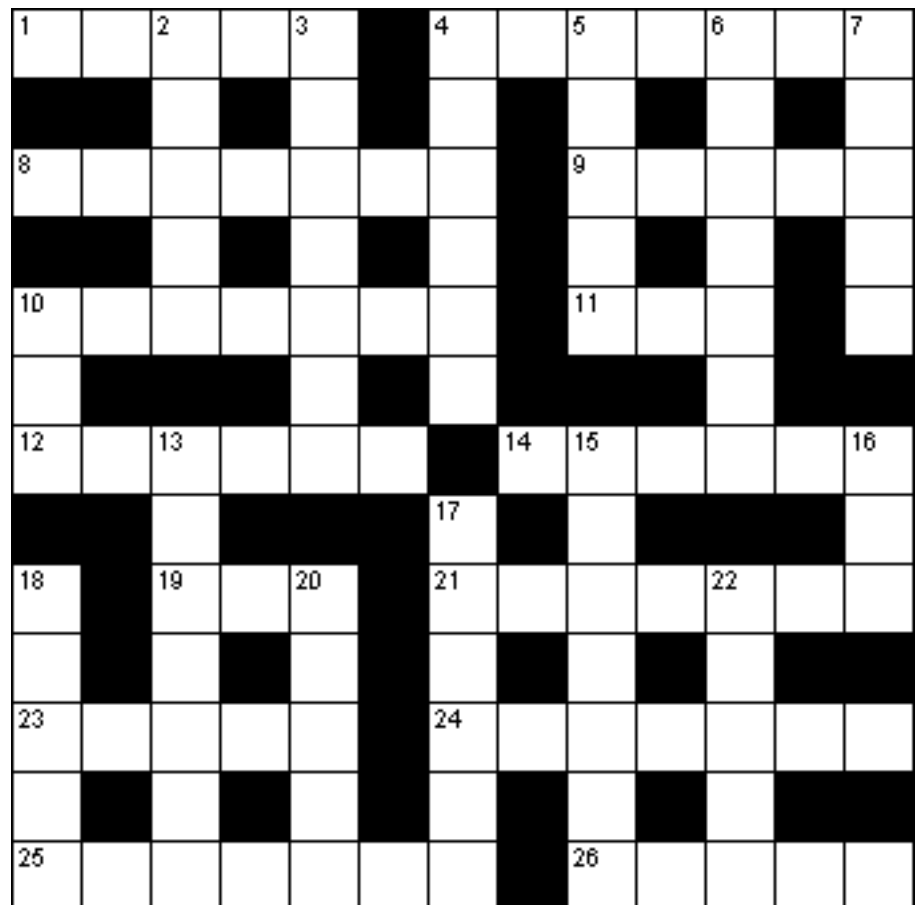
Crossword puzzle from www.puzzlechoice.com

Across

- Pieces of ___ (5)
- ___ on the Roof (7)
- A secret ___ (7)
- Save it for a ___ day (5)
- Put out to ___ (7)
- Me and ___ (3)
- ___ said than done (6)
- ___ and liabilities (6)
- Let sleeping dogs ___ (3)
- A first ___ (7)
- A ___ engagement (5)
- Return to sender, address ___ (7)
- ___ awaited (7)
- Come up smelling of ___ (5)

Down

- Fun and ___ (5)
- ___ chamber (7)
- Forgive and ___ (6)
- The ___ tricks department (5)
- Act in haste, repent at ___ (7)
- A ___ flush (5)
- As easy as ___ (3)
- Buying and ___ (7)
- City ___ (7)
- Original ___ (3)
- ___ and the Beast (6)
- An ___ a day keeps the doctor away (5)
- Trial and ___ (5)
- Keep a few ___ in the fire (5)



Employee of the Month: Kelly Shepard!

Congratulations to **Kelly Shepard**, who was named Employee of the Month for April! Although Kelly has only been with us since January, she has already made a positive contribution to our Wiley Creek Community. Kelly is so upbeat and hardworking that her co-workers and all of the residents felt she exemplified what a team player is! Way to go, Kelly!

PATTY continued from cover.

Patty has five grandchildren and 11 great-grandchildren. She is also a cousin of the famous Leo Fender of Fender Guitars.

Her hobbies have included walking a mile each morning before breakfast, sewing, oil painting, homemaking, cooking and singing.

We deeply enjoy having Patty with us. She is a very nice, pleasant lady, with plenty of compliments about the food, facility, staff and fellow residents.

Nursing notes Written by Sarah Redfern, RN, WCC

Type 2 diabetes is rising in our population, and many people are looking into changing their diets to manage or prevent the disease.

Eating a diabetic diet isn't complicated. It just means eating healthier, which all of us need to be doing, whether or not we have diabetes.

Eating meals high in low starch fruits and vegetables, with whole grains and dry beans will help control blood sugars. Eat low-fat dairy products and low-fat meats with 'loin' at the end, such as sirloin and pork loin. In addition, eat fish two or three times a week, as fish is rich in beneficial omega 3 fats.

Avoid sugary drinks and desserts, especially those high in fats such as cake or ice cream. Fatty foods affect how your body breaks down sugars.

Approximately 50 percent of your diet should be carbohydrates so it's fine to eat them, but stick with whole grains and avoid processed foods. Watch your intake of pastas, rice and bread as these break down into sugars. Eat low-fat proteins such as chicken, fish or loin along with your carbohydrates.

Keep to a routine by eating at the same time and watch portion sizes. At Wiley Creek we are going to strive towards having healthier meals as well.

Happy birthday

Residents

| | |
|----------------|---------|
| Mavis Robinson | Sun. 2 |
| Helen Turner | Mon. 24 |

Independents

| | |
|-----------|---------|
| Joy Alton | Tue. 25 |
|-----------|---------|

Staff

| | |
|----------------|----------|
| Donna Donovan | Sat. 8 |
| Aleta Comstock | Mon. 10 |
| Cindy Farrel | Tues. 11 |



Crossword answers

Across

1. Eight 4. Fiddler 8. Admirer
9. Rainy 10. Pasture 11. You
12. Easier 14. Assets 19. Lie
21. Edition 23. Prior 24. Unknown
25. Eagerly 26. Roses

Down

2. Games 3. Torture 4. Forget
5. Dirty 6. Leisure 7. Royal
10. Pie 13. Selling 15. Slicker
16. Sin 17. Beauty 18. Apple
20. Error 22. Irons

*“For He is
our God and we
are the people of His
pasture, the flock
under His care.”*

Psalm 95:7

Keep your calendar open this month and join us for...

Mother’s Day Tea

Celebrate your mother with us at our Mother’s Day Tea on Friday, May 7 at 10:30 a.m. We will serve finger sandwiches, cookies and a variety of teas in the Cedar and Pine dining rooms. Each mother is invited to bring two guests.

Thrift store shopping and lunch

Join us on Monday, May 17 for a thrift store shopping trip and lunch in Albany. We will leave at 10:30 a.m., visit a couple of stores and have lunch at the Hickory Pit before returning to Wiley Creek.

A day to remember

On Memorial Day, May 31, we will have a tree in the front lobby to remember those who have lost a loved one. Anyone may put the name of a loved one onto the tree in remembrance, or simply reflect on all the names on the tree. We will also celebrate with hamburgers and all the trimmings.

Samaritan Wiley Creek Community considers and admits residents without regard to race, religion, color, nationality and gender. We comply with the Fair Housing Act.

Return Service Requested

5050 Mountain Fir Street
Sweet Home, OR 97386

Wiley Creek Community
Samaritan 