

Look inside...

Events and outings

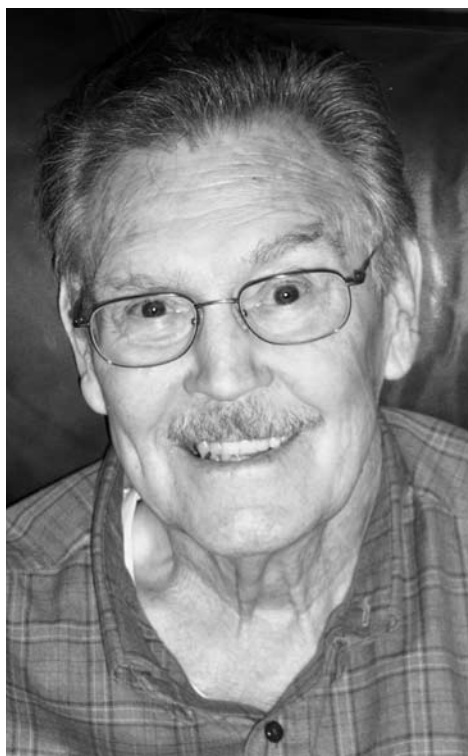
Eola Hills outing

Nursing notes

Wiley Creek Ripple

A publication for the
friends and families of
Wiley Creek Community

Meet Bill Birdsall



Bill Birdsall is an avid outdoorsman, enjoying hunting and fishing, as well as deep-sea fishing.

Stop by and say hi to Bill (William) Birdsall, who joined us at Wiley Creek in February!

Bill was born Nov. 12, 1927, to Leslie and Ella Birdsall in North Dakota. He was the fifth of six children, with three sisters and two brothers. All are still living, except for Wilbur, who died while serving in World War II.

The family moved to Sweet Home when Bill was still a boy. He was class president at Sweet Home High School and lettered in football and basketball, and he helped organize the Frontier Days (now known as the Frontier Sportsman's Holiday) after high school.

Bill married his high school sweetheart, Joyce Andrews, in 1947. The couple raised four girls: Connie, Kathy, Marilyn and Janet. Today, Bill has six grandchildren and 12 great grandchildren.

Following high school, Bill worked for Cascade Lumber Co. as a millworker, then a truck driver. In 1965, he purchased a molding mill and operated NW Molding Co. while his daughters were growing up.

He sold NW Molding after 12 years and operated a sawmill in Africa for 18 months. After that, he moved the family to California where he ran a pallet company.

He and Joyce moved to Sun City West, Ariz., after he retired. They later returned to Sweet Home, where he enjoys being closer to

Continues on page 4.

Sept. events and outings

Yvonne Eye Care	Tues. 1
End of summer barbecue	Tues. 1
Eola Hills Miniature Donkey Farm	Thurs. 3
Ray Hendricks plays the piano	Tues. 8
Wild Roses perform	Tues. 8
Blue Light Special & birthday party	Tues. 15
Resident Council meeting	Thurs. 17
Ellis Sabin on accordion	Tues. 22

*By all these lovely
tokens
September days
are here,
With summer's best
of weather
And autumn's best
of cheer."*

– Helen Hunt Jackson,
September

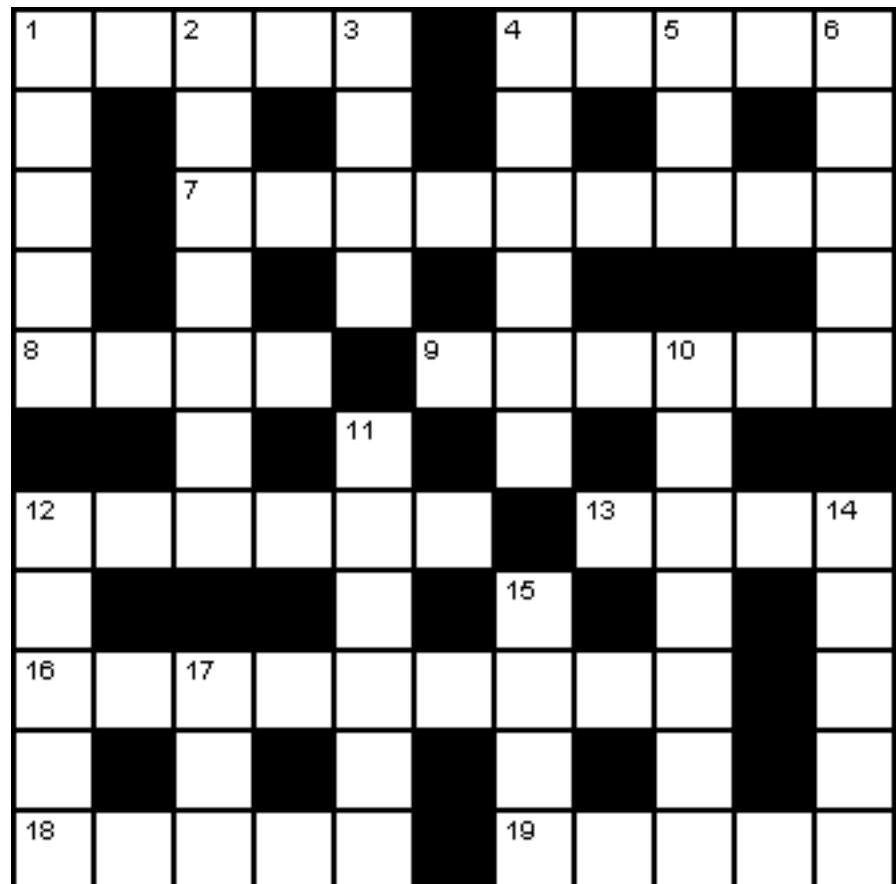
Crossword puzzle from www.puzzlechoice.com

Across

- Snake (5)
- Saying (5)
- Villainous (9)
- Way out (4)
- Bee house (6)
- Maelstrom (6)
- Desiccated (4)
- Allowed (9)
- Trench (5)
- Indigent (5)

Down

- Obscure (5)
- Wicker basket (7)
- Prevalent (4)
- Precipitous (6)
- Fuss (3)
- Composition (5)
- Abbreviate (7)
- Gusto (6)
- Lacking taste (5)
- Journal (5)
- Stupefy (4)
- Furrow (3)



Planning on having a guest for dinner?

The kitchen at Wiley Creek is happy to make an extra meal if you have a visitor. If you are having a guest dine with you, or if you will miss a meal, please remember to kitchen staff know at least 24 hours in advance. Thank you.

Donkeys and mountain views

Join us Thursday, Sept. 3, for a day trip to Eola Hills near Amity. A sack lunch will be provided during our visit. Eola Hills raises miniature donkeys, which are like gentle, overgrown puppies. They're very sweet in nature, and they stand no more than 30 inches tall. Eola Hills also overlooks Mt. Hood, Mt. St. Helens and three other mountains in the Cascades, as well as the Coast Range to the west and dozens of wineries in between.

Nurse notes Written by Sarah Redfern, RN, WCC

How to get the most out of your doctor visits

The average appointment is 18 minutes long, and your health care provider is on the computer for part of that time, documenting the appointment as he or she is required to do.

So when you have an appointment, come ready with a plan. Make a list of issues you want to discuss with your provider. Prioritize your list so you talk about what is most important first.

Take a family member or friend with you. This will help you relax, focus on what is important, and remember what your provider said after you leave. Build a rapport with the provider and staff so you feel comfortable talking about personal matters.

Tell your provider you have a list and let him or her help you decide what issues need to be tackled at this visit. Set an agenda and stick to it.

Be ready for a clinical exam; give your provider the whole picture. If you haven't been following your diet, tell him or her. This is not the time to clam up or hide things.

Now create a treatment plan and follow up if needed. Make sure you understand the plan and ask questions if you don't understand. Repeat the plan to your provider to make sure there are no misunderstandings.

No one really likes going to see their health care provider, but these are some ways to get the most from a visit.

Crossword answers

Across

1. Viper 4. Adage 7. Nefarious
8. Exit 9. Apiary 12. Vortex
13. Arid 16. Permitted 18. Ditch
19. Needy

Down

1. Vague 2. Pannier 3. Rife
4. Abrupt 5. Ado 6. Essay
10. Abridge 11. Relish 12. Vapid
14. Diary 15. Stun 17. Rut

BILL continued from cover

family, fishing, country drives, Oregon strawberries, watermelon and home grown tomatoes. Joyce passed away in 2007 after 60 years of marriage.

Bill is an avid outdoorsman, enjoying hunting and fishing, as well as deep-sea fishing. He also traveled around the world with Church of Christ groups, starting new churches and baptizing people on just about every continent. Other hobbies are reading, Bible study, sports, listening to music and dancing.

He can be quiet at first, but he opens up when the discussion turns to the old days and history. Please help us welcome him to Wiley Creek!

Happy birthday

Residents

Sylvia Brandt	Sun. 13
Ann Massey	Fri. 18
Ruth McCullough	Wed. 30

Independents

Leita Seiber-Barr Thur. 10

Staff

Sandy Riggle Tues. 29
Myrlene Cooley Wed. 30

Samaritan Wiley Creek Community considers and admits residents without regard to race, religion, color, nationality and gender. We comply with the Fair Housing Act.

*“For He is
our God and we
are the people of His
pasture, the flock
under His care.”*

Psalm 95:7



Samaritan
Wiley Creek Community

5050 Mountain Fir Street
Sweet Home, OR 97386

Return Service Requested

