

# Lincoln County Resource Guide



Produced by the Lincoln County Community Health Improvement Partnership  
Sponsored by Samaritan Health Services and the OHSU Oregon Office of Rural Health

*Building healthier communities together*

## Environmental Health Services

### Food handling

Lincoln County Health and Human Services . . . .541-265-4127

### Lincoln County Housing Authority

(safe, sanitary housing for families) . . . . .541-265-5326

### Mosquito control

Lincoln County Health and Human Services . . . .541-265-4127

### Sewage spills

Lincoln County Health and Human Services . . . .541-265-4127

### Water quality

Lincoln County Health and Human Services . . . .541-265-4127

## Health Care Education

### AIDS and Sexually Transmitted Disease education

Lincoln County Health and Human Services . . . .541-265-4112

Coastal AIDS Network . . . . .541-994-5597

### CPR classes

Samaritan North Lincoln Hospital . . . . .541-996-7103

Samaritan Pacific Communities . . . . .541-574-4754

### Diabetic education

Lincoln County Health and Human Services . . . . .541-265-6611 x2432

Samaritan Health Services . . . . .541-574-1851

### Family planning

Lincoln County Health and Human Services . . . . .541-265-4112 or 541-994-0227

### Nutrition services

Samaritan North Lincoln Hospital . . . . .541-574-1815

Samaritan Pacific Communities Hospital . . . . .541-574-1815

### Pregnancy

Oregon MothersCare . . . . .541-265-6611 x2252

### Prenatal classes

Samaritan North Lincoln Hospital . . . . .541-996-7179

Samaritan Pacific Communities Hospital . . . . .541-574-4754

### Parenting classes/information

Family Care Connection . . . . .541-265-2558

Youth Partnership . . . . .541-961-3957

## Behavioral/Mental Health Services

### Advocacy (disabilities)

Progressive Options . . . . .541-574-0384

### Alcohol and drugs

Al-Anon and Alateen . . . . .541-765-3130

Alcoholics Anonymous . . . . .541-265-1953

Lincoln County Council on Alcohol and Drugs . .541-265-2971

Narcotics Anonymous . . . . .877-233-4287

Truman Recovery Center/Alcohol and Drug Abuse . . . . .541-265-2971

### Bereavement services

Samaritan North Lincoln Hospital . . . . .541-996-7328

Samaritan Pacific Communities Hospital . . .541-574-1811 x2580

### Children

Children's Advocacy Center . . . . .541-574-0841

### Crisis Hot Line

Mental health—emergency . . . . .888-232-7192

Mental Health Hot Line . . . . .541-265-4362

### Developmentally disabled services

Lincoln County Health and Human Services . . . . .541-265-6611 x2392

### Disease-based support groups

Samaritan North Lincoln Hospital . . . . .541-996-7382

Samaritan Pacific Communities Hospital . . . . .541-574-4754

### Family shelter

Samaritan House . . . . .541-574-8898

### Family support

Adult and Family Services . . . . .541-265-2248 or 541-994-1770

NAMI National Alliance for the Mentally Ill . . . . .541-444-2455

Grief . . . . . See Bereavement

### Homeless

Progressive Options . . . . .541-574-0384

### Mental Health Services

Lincoln County Health and Human Services  
Mental health services . . . . .541-265-6611 x2222

Lincoln County Health and Human Services  
Addiction services . . . . .541-265-6611 x2222

Oregon Tobacco Quit Line . . . . .800-277-STOP

Private counselors ..... see local yellow pages  
 Women’s shelter  
     My Sister’s Place ..... 541-994-5959

## Alternative Physical Care Providers

Acupuncture services ..... see local yellow pages  
 Massage therapy ..... see local yellow pages  
 Herbalists ..... see local yellow pages  
 Optometry ..... see local yellow pages  
 Physicians  
     Chiropractic services ..... see local yellow pages  
 Samaritan Wellness Center (Corvallis) ..... 541-768-6412

## Transportation

Ambulance service ..... see local yellow pages  
 Bus service  
     Lincoln County Transit ..... 541-265-4900  
     Dial-A-Ride ..... 541-265-4900  
     Senior Services ..... 800-282-6194  
 Mobile clinics  
     Lions Club vision and hearing screenings ..... 541-563-6309  
 Taxi cab companies ..... see local yellow pages  
 Transportation (non-emergency transportation) ... see yellow pages

## Inpatient Services

Samaritan North Lincoln Hospital ..... 541-994-3661  
 Samaritan Pacific Communities Hospital ..... 541-265-2244  
 Good Samaritan Hospital  
 Corvallis Psychiatric Care ..... 541-765-5111  
 Nursing homes ..... see local yellow pages

## Traditional Physical Care Providers

Cardiac rehabilitation  
     Samaritan North Lincoln Hospital ..... 541-996-7382  
     Samaritan Pacific Communities Hospital ..... 541-574-4754

## Community health clinics

Siletz Community Clinic ..... 541-444-1030  
 Yachats Community Clinic ..... 541-547-3301

## Dental and orthodontics ..... see local yellow pages

## NW Medical Teams Dental Van

Samaritan Coastal Clinic ..... 541- 996-7480

## Hospital emergency rooms

Samaritan North Lincoln Hospital ..... 541-994-3661  
 Samaritan Pacific Communities Hospital ..... 541-265-2244

## Hospital outpatient/specialty services

Samaritan North Lincoln Hospital ..... 541-994-3661  
 Samaritan Pacific Communities Hospital ..... 541-265-2244

## Occupational therapy

Samaritan North Lincoln Hospital ..... 541-994-3661  
 Samaritan Pacific Communities Hospital ..... 541-265-2244

## Physical therapy

Samaritan North Lincoln Hospital ..... 541-996-7160  
 Samaritan Pacific Communities Hospital ..... 541-265-2244  
 Aquatic exercise programs ..... 541-996-7160

## Pharmacies ..... See local yellow pages

## Physicians

Samaritan Physician Referral Network ..... 800-863-5241  
 or [www.samhealth.org](http://www.samhealth.org)

## Public health clinics (Lincoln County Health and Human Services)

Newport Clinic (interpreters available) ..... 541-265-4179  
 Lincoln City Clinic (interpreters available) ..... 541-994-1741

## School-based health centers

Lincoln City, Newport, Toledo, Waldport .. 541-265-6611 x2215

## Speech therapy

Samaritan North Lincoln Hospital ..... 541-994-3661  
 Samaritan Pacific Communities Hospital ..... 541-265-2244

## Urgent Care Centers

Depoe Bay Clinic ..... 541-765-3265  
 Lincoln City Immediate Care ..... 541-994-1727  
 Samaritan Coastal Clinic (interpreters available) .. 541-996-7480  
 Yachats Clinic ..... 541-547-3301

## Veterans Administration ..... 800-692-9666

## Residential

Assisted living housing	see local yellow pages
Disabled services	800-354-1095
Food stamps	541-265-7786
Hospice services/home health services	
Samaritan North Lincoln Hospital	541-996-7328
Samaritan Pacific Communities Hospital	541-574-1811
Housing Authority (safe, sanitary family housing)	541-265-5326
Lifeline Personal Emergency Response	541-996-7328
Lincoln County Food Share	541-265-8578
Lincoln County Food Pantry	541-994-3699
Meal sites/senior meals	
Newport	541-574-0669
Siletz	541-444-9547
Lincoln City	541-994-7731
Waldport	541-563-3042
Toledo	541-336-5147
Agape Fellowship	541-994-3166
Lincoln City Episcopal Church	
Community Dinner	Monday 5–7pm
Medical equipment	see local yellow pages
Ombudsmen Long-Term Care Services	800-522-2602
Outreach for seniors	541-336-2289 or 800-282-6194
Parish nurse services	541-996-7132
Respite care	541-265-2558
Self-Sufficiency Office of DHS (food stamps, Oregon Health Plan and other services)	
Newport	541-265-2248
Lincoln City	541-994-1770
Senior centers	
Lincoln City	541-994-2722
Newport	541-265-9617
Waldport	541-563-3042
Senior Companion Program	541-574-2686
Senior support services	
Senior Services	541-336-2289 or 800-282-6194
Shopping assistance	541-994-3078
taxi cabs	see local yellow pages

## National Health Organizations (Toll-Free Numbers)

AARP	800-424-3410
AIDS	
Treatment information services	800-345-2437
Alcohol and drug abuse	
National Council on Alcoholism and Drug Dependence	800-622-2255
Al-Anon, Alateen Family Hotline	800-344-2666
Allergy and asthma	
Asthma and Allergy Foundation	800-727-8462
Alzheimer's Association	800-272-3900
Arthritis	
Arthritis Foundation	800-283-7800 or <a href="http://www.arthritis.org">www.arthritis.org</a>
Baby Care Hotline	800-523-6633
Birth defects	
Easter Seal Society	800-221-6827
Blindness	
Foundation for the Blind	800-232-5463
Cancer	
American Cancer Society	800-227-2345 or <a href="http://www.cancer.org">www.cancer.org</a>
National Cancer Institute	800-813-4673
Cancer Care Organization	<a href="http://www.cancercare.org">www.cancercare.org</a>
Cerebral palsy	
United Cerebral Palsy Association	800-872-5827
Child abuse prevention	
Child Help USA	800-422-4453
Cystic Fibrosis Foundation	800-344-4823
Depression	
Depression and Bipolar Support Alliance	800-826-3632
Diabetes	
American Diabetes Association	800-232-3472 or <a href="http://www.diabetes.org">www.diabetes.org</a>
Down's Syndrome Society	800-221-4602
Drug company assistance programs	800-442-5238 or <a href="http://www.needymeds.com">www.needymeds.com</a>
Dyslexia Society	800-222-3123
Epilepsy Foundation	800-332-1000

Family Caregiver Alliance	www.caregiver911.com
Gambler Addiction Services	800-233-8479
Handicapped	
Easter Seal Society	800-221-6827
Head Injuries Foundation	800-444-6443
Hearing	
National Institute on Deafness	800-241-1044
Heart disease	
American Heart Association	800-242-8721
Herpes Resource Center	800-230-6039
Leukemia Society of America	800-955-4572
Lupus Foundation	800-558-0121
Multiple Sclerosis Society	800-344-4867
Orthopedics	
Shriners Hospital Referral Line	800-237-5055
Paralysis Association	800-225-0292
Parkinson's	
American Parkinson Disease Association	800-223-2732
Sickle Cell Disease Association	800-421-8453
Smoking cessation	
CDC Office of Smoking and Health	800-232-1311 or www.cdc.gov
Spinal Cord Injuries Association	800-962-9629
Stroke	
American Heart Association Stroke Connection	800-553-6321
Sudden Infant Death Syndrome Alliance	800-221-7437
Venereal Disease Hotline	800-227-8922
Vision	
Lighthouse	800-334-5497
Women's Crisis Hotline	888-235-5333

## Other resources

Consumer insurance information	888-877-4894
Health insurance subsidy information	800-789-1599
National Library of Medicine	www.Medlineplus.gov
Oregon Safe Net Health Hotline	800-723-3638
Oregon Health Plan	800-359-9517
SHIBA	
Senior health insurance information	541-994-7458
Workers Compensation	800-452-0288
Vital Statistics	541-265-6611 x2272