

Samaritan Pacific Communities Hospital

Community Benefit Plan

Implementation Strategy

2016



Samaritan
Pacific Communities
Hospital

Message from the CEO

Community benefit is not a new concept for Samaritan Health Services and Samaritan Pacific Communities Hospital. The SPCH Community Benefit Plan is a result of identified community health needs, goals and priorities in county. The plan is designed to guide our efforts as we work to build healthier communities together.

The Community Benefit Plan is reviewed and approved by the Pacific Communities Health District and the SPCH Board that is made up of hospital staff, physicians and community members. The committee will review and monitor the progress of the plan each year.

As our communities grow, and as the health care profession continues to undergo transformation, our community benefit efforts will become increasingly important. This plan reflects a significant step toward positioning SHS and SPCH to successfully address the needs of our region and community moving forward.

David Bigelow

CEO

Samaritan Pacific Communities Hospital



Samaritan Pacific Communities Hospital

Community Benefit Plan, 2016

Table of Contents	Page
Introduction	2
<i>Mission, Vision and Values Statements</i>	
SPCH Hospital Profile	3
Lincoln County Profile	3
Demographics	4
Existing Health Care Facilities/Data	6
Health Issues	7
Community Benefits	9
SHS Community Benefit Financial Overview	10
SPCH Community Benefit Summary 2015	11
Community Benefit Services Inventory 2015	12
Community Benefit Activities External 2015/2016	17
Community Benefit Activities 2016/2017 Funding Goals	20
Summary	22
References	22

Introduction

Samaritan Health Services Inc., (SHS) is the not-for-profit parent organization for a network of Oregon hospitals, physicians, senior care and health plans serving 250,000 residents of Benton, Lincoln and Linn counties.

Mission

SHS was formed in the late 1990s with the mission to improve the health and well-being of the community by providing high quality, caring services, regardless of any individual's ability to pay. The current mission of SHS is: "We enhance community health and achieve high value through quality services across a continuum of care."

Vision

The collective vision of the SHS system is as a "values-driven organization governed by community members, physicians and other health care providers. We seek to be the first choice of consumers in the region and to lead collaborative efforts among those who share similar goals."

Values

The community-based hospitals and physicians that form Samaritan Health Services believe it is possible to create a successful regional health system based on collective organizational values. Decisions continue to be made by local community members, physicians and hospital leaders within the following values framework.

- **Excellence:** Striving to achieve the highest standards of care within our varied health professions
- **Respect:** For ourselves, our co-workers and those we serve
- **Service:** Recognizing the value of exemplary service in creating a positive experience for patients, visitors and co-workers
- **Integrity:** Aligning our words with our deeds
- **Stewardship:** Ensuring that we act responsibly with the resources that have been entrusted to our care
- **Compassion:** Demonstrating on a daily basis the healing power of the human touch
- **Leadership:** Modeling and sharing best practices in the midst of tremendous change in how health care is delivered and paid for

Hospital Profile

[Samaritan Pacific Communities Hospital](#) (SPCH) DBA Samaritan Pacific Health Services was established in 1952 as a 17-bed acute care facility. On July 1, 2003, SPCH received its designation as a 25-bed Critical Access Hospital. SPCH serves all of central Lincoln County and is part of the Pacific Communities Health District. The hospital recently opened the first dialysis center in the Newport area. SPCH offers other services that include emergency care, obstetrics, critical care, diabetes education, health and medical/surgical services.

Samaritan Pacific Communities Hospital operates within and beyond the Pacific Communities Health District. The mission of the Pacific Communities Health District is to deliver high quality health care services to the residents and visitors of the district and its surrounding communities. A wide range of health care services comprises the Samaritan Pacific Communities Hospital organization, which delivers continuous service to a very diverse population. The service area stretches from Depoe Bay to mid-Lincoln Beach, Yachats and east to Eddyville.

County Profile/Community Served

Lincoln County

Lincoln County was created by the Legislative Assembly on February 20, 1893, from the western portions of Benton County and Polk County. The county is bordered by Tillamook County on the north, Polk and Benton counties on the east, Lane County on the south, and the Pacific Ocean on the west. It covers an area of 992 square miles. Newport is the county seat for Lincoln County and continues to be a major tourist attraction on the Oregon Coast.

The northern part of Lincoln County includes the Siletz Indian Reservation, which was created by treaty in 1855. The Siletz's tribal status was terminated by the federal government in 1954. The tribe was the first tribe in Oregon to have its tribal status reinstated by the federal government in 1977. The current reservation totals 3,666 acres and includes a gaming casino and resort.

Lincoln County is considered a rural community with a population of 46,034 and experienced an 18 percent population growth over the last decade. With the largest population concentrated in Newport or Lincoln City, many residents live in areas of the county such as Gleneden Beach, Eddyville and Seal Rock.

Lincoln County has experienced some positive trends based on the Oregon Progress Board 2007 County Data Snapshot. Similar to other coastal communities, Lincoln County has a high retirement age population and ranked sixth in the state for independent seniors. However, Lincoln County continues to remain in the bottom section of county health rankings conducted each year by the University of Wisconsin Population Health Institute and the Robert Wood Johnson Foundation. The 2016 County Health Rankings listed Lincoln County 29 out of 33 counties measured for Health Outcomes and 24 for Health Factors. The low ranking continues to relate closely to mortality, premature death and risk behaviors. Lincoln County also has high rates of tobacco use, substance abuse, chronic diseases and obesity, as well as low rates of childhood immunizations and preventative screenings.

Demographics

According to the 2010 U.S. Census Bureau, Lincoln County has a population of 46,034 including rural and urban communities. The major cities in Lincoln County are outlined below.

City	Population
Lincoln City	7,930
Newport	9,989
Toledo	3,465
Waldport	2,033

Source: U.S. Census Bureau, 2010 Census, Public Law 94-171 Summary File

Lincoln County racial and ethnic distribution reflects similar populations in counties across the state of Oregon.

Race/Ethnicity	Population
White/Caucasian	84.4%
Black/African American	.3%
American Indian/Alaska Native	3.1%
Asian	1.0%
Pacific Islander	0.1%
Hispanic/Latino	7.9%
Reporting two or more races	2.9%

Source: U.S. Census Bureau, 2010 Census, Public Law 94-171 Summary File



Health and social indicators are used to generalize the conditions of Lincoln County.

Health and Social Indicators	Totals
Median Income	\$42,429
Unemployment	6.5%
Poverty	18.8%
Homelessness (Adult)	1,658*
Early Prenatal Care	74.1%
Immunizations	58.7%
Uninsured Children	8.2%
Child Care Slots	18/100
Child Abuse	22/1000
Early Childhood Obesity	28.9%
Children on Free and Reduced Lunch (2015-2016 School Year)	59.7%
Children Enrolled with a Dental Care Organization (May 2016)	90.5%
Homeless Students (2014-2015 School Year)	517
Teen Pregnancy	5.8/1000
High School Drop Out	18.8%
Juvenile Arrests	19.7/1000
8th Grade Alcohol Use	22.5%
8th Grade Drug Use	13.5%

* There is no accurate way to count the number of homeless people in a county. Homeless data is based on local agencies serving the homeless population.

Existing Health Care Facilities

Lincoln County has many public, private and non-profit health care facilities and resources within the community that are available to respond to health care needs. Some of the facilities include Samaritan Pacific Internal Medicine, Samaritan Occupational Medicine, Samaritan Pacific Women's Health Group, Samaritan Toledo Clinic, Samaritan Waldport Clinic, Lincoln County Health and Human Services Department, Lincoln County Federally Qualified Health Centers, Lincoln County Mental Health, Adult Dental Care, Newport Gentle Dentistry, Newport Dental Care, Capitol Dental Care and Willamette Dental. Additionally there are many private practice physicians, dentists, psychiatrists, psychologists and counselors/therapists serving the Lincoln County area.

Data

The Lincoln County community health needs assessment was conducted in 2016 and obtained primary and secondary data to complete the document. Primary data was collected from a locally developed Healthy and Quality of Life survey that was administered by face-to-face, online and paper surveys delivered by the postal service. Close to 650 surveys were completed by residents representing all of Lincoln County. Additional primary data was collected through key informant interviews and focus groups. Thirty key individuals were identified in the county who are connected by either providing direct services, working in education or a high-level executive in an organization. Two focus groups were held that included Spanish speaking residents, to identify needs in the community.

Secondary data was obtained from various state and federal databases including the Centers for Disease Control and Prevention's National Health and Nutrition Examination Survey, the Behavioral Risk Factor Surveillance System, Oregon Health Authority's Oregon State Cancer Registry, State of Oregon Division of Medical Assistance Programs, Oregon Health Authority Teen Pregnancy Registry, State of Oregon Immunization Registry, Oregon Department of Education and the Oregon Youth Authority Juvenile Justice Data System.

Additional secondary data was collected from the University of Wisconsin Population Health Institute and the Robert Wood Johnson Foundation 2016 County Health Rankings; 2015 County Data Books Children First for Oregon; and the Linn, Benton, Lincoln, 2011/2012 Regional Homeless Plan.

Health Issues

Samaritan Pacific Communities Hospital actively participates in assessing the health care needs of the community. In partnership with the Lincoln County Health Department and other community partners, the SHS Community Health Promotion Director and SPCH staff actively participated in a community health assessment during 2016. This process included examining primary data collected through surveys, focus groups and personal interviews with several community members from throughout Lincoln County. Secondary data was gathered from state and local agencies that address health needs of children, youth and families. As a result of the community health assessment, SPCH is able to update the annual community benefit plan that outlines goals, priorities and services that expand across the Samaritan Health Services system and respond to community needs.



Overarching Goal: Promote Healthy Behaviors

The plan also includes the established six major goal areas, activities, strategies and objectives that were previously approved by the site social accountability committees and are in alignment with Healthy People 2020 goals and objectives for improving community health.

Goal 1: Healthy families — Increase physical activity, fitness and access to nutritious foods for children and families.

Goal 2: Greater access — Increase access to medical, dental and mental health supports and services in the community.

Goal 3: Better networks — Increase social supports for families.

Goal 4: Healthy kids — Increase services and supports for children.

Goal 5: Healthy teens — Increase services and supports for adolescents.

Goal 6: Healthy seniors — Increase social supports for seniors.

The top 10 health priorities were identified for Lincoln County:

1. Access to mental health care
2. Access to medical care
3. Poverty
4. Child abuse and/or neglect
5. Housing costs
6. Access to dental care
7. Employment
8. Homelessness
9. Alcohol abuse
10. Obesity

In alignment with Lincoln County residents, SPCH Social Accountability Committee identified the following priorities:

- Substance addiction and prevention
- Tobacco cessation
- Teen pregnancy
- Oral health
- Basic health care
- Literacy
- Pediatric obesity
- Child abuse and/or neglect
- Homelessness



Community Benefits

Community benefits are programs or activities that provide treatment and/or promote health and healing as a response to identified community needs. They are not provided for marketing purposes.

A community benefit must meet at least one of the following criteria:

- Generates a low or negative margin
- Responds to needs of special populations, such as minorities, older persons, and persons with disabilities who are living in poverty, persons with chronic mental illness and other disenfranchised persons
- Supplies services or programs that would likely be discontinued — or would need to be provided by another not-for-profit or government provider — if the decision was made on a purely financial basis
- Responds to public health needs
- Involves education or research that improves overall community health

Community benefits programs must also meet at least one of these objectives:

- Improves access to health care services:
 - Available to the public
 - Participants include vulnerable or underserved populations
 - Reduce or eliminate access barriers
 - The community would lose access to a needed service
- Enhances health of the community:
 - Designed around public health goals
 - Measurable improvements in health status
 - Community health status would decline
 - A public health agency provides comparable services
 - Operates in collaboration with public health partners
- Advances medical or health care knowledge:
 - Train health professionals/students
 - Does not require trainee to join the staff
 - Open to other professionals in the community
 - Involves research with findings available to the community
- Relieves or reduces the burden of government or other community efforts:
 - Relieves a government financial or programmatic burden
 - Government provides the same or similar services
 - Government provides support of the activity
 - If the program closed would increase government costs
 - Supported through community volunteers



SHS Community Benefit Financial Overview

In 2015, Samaritan Health Services provided more than \$113 million in community benefit support for the region. This number encompasses nine main community benefit areas.

1. **Charity Care** is the estimated cost of providing discounted or free services to patients that qualify for financial assistance.
2. **Public Programs** include Medicare, Medicaid and other government-sponsored programs. Unpaid costs are the estimated costs of care in excess of reimbursement from these government programs.
3. **Community Health Improvement Services** are free services offered to the community such as classes, clinics and workshops.
4. **Health Professions Education** includes the cost of training programs for students pursuing health care careers.
5. **Subsidized Health Services** are the estimated costs of providing certain clinical services despite a financial loss because the service meets a community need. Examples include emergency and trauma care, behavioral health services, hospice and home health care.
6. **Cash and In-Kind Contributions** are grants given to individuals in need and charitable organizations in the community.
7. **Research** includes the costs associated with clinical trials whose results are made available to the public.
8. **Community Building Activities** include programs such as Samaritan Early Learning Center, designed to address the root causes of health problems.
9. **Community Benefit Operations** are costs required to conduct and coordinate community benefit activities.

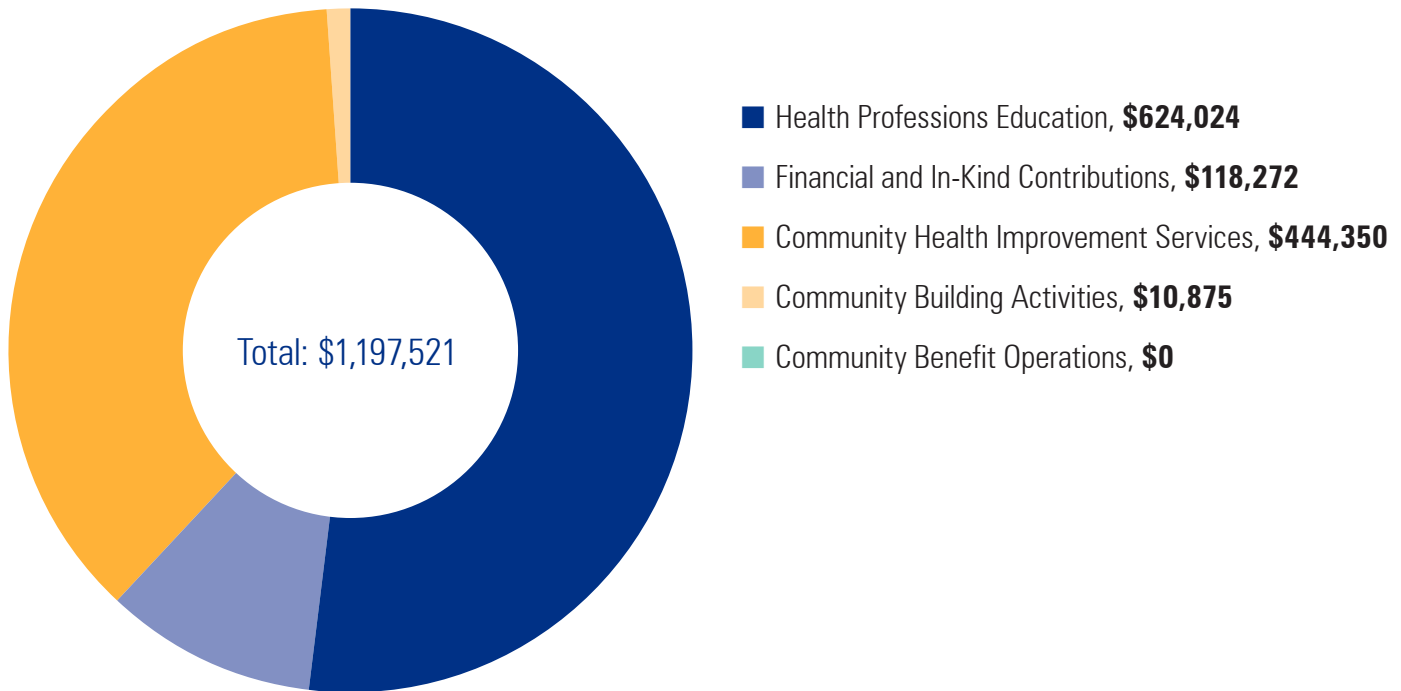
Community Benefit Services (in 000s)

Activity	2015	2014
Charity Care	\$12,298	\$ 9,689
Unpaid Costs of Public Programs	\$82,982	\$89,104
Community Health Improvement Services	\$1,319	\$1,120
Health Professions Education	\$8,092	\$8,596
Subsidized Health Services	\$4,279	\$4,533
Cash and In-Kind Contributions	\$2,496	\$2,294
Research	\$542	\$794
Community Building Activities	\$1,167	\$1,062
Community Benefit Operations	\$273	\$223
Total	\$113,448	\$117,375

SPCH Community Benefit Summary 2015

Samaritan Pacific Communities Hospital (SPCH) community benefit activities include both internal and external services. Internal activities are services or programs provided by hospital personnel to improve the health of the community. Internal activities include cardiac support groups, diabetes education, childbirth education, tobacco cessation, parish nurses, community health fairs, maternity care coordination, palliative care services, continuing medical education, scholarship programs and disaster preparedness. The external activities are those services or programs supported by SPCH through either cash contributions or in-kind donations. Some of the external activities include the Living Well with Chronic Conditions program, Centro de Ayuda, Food Share of Lincoln County and representation on local health related committees and coalitions.

2015 Community Benefit Activities



Community Benefit Services Inventory 2015

Category A1: Community Health Education

Activities: Support groups and trainings

Strategy: Conduct education, support groups and trainings

Goal: Promote healthy behaviors

1) *Goal 1* — Increase physical activity, fitness and access to healthy, nutritious foods for children, youth and families

2) *Goal 2* — Increase access to medical, dental and mental health supports and services in the community

3) *Goal 4* — Increase social supports for seniors residing in the community

Objective: Provide education, support groups and training to patients, family members and caregivers

Baseline/Target Population: Number of participants attended support groups in 2015: 5,270

Inputs	Activities	Outputs
Staff facilitator Meeting space Materials Supplies Food	Organize and advertise group meetings Identify meeting locations Facilitate groups Conduct education services	Conducted the following support groups: <ul style="list-style-type: none"> • Art classes • Cardiac rehab education • Community medical presentations • Grief support • Health fair • Healthy communities assessment • Parish nurses • Radio programs • Senior Companion Program

Category A2: Community Based Clinical Services
A3: Health Care Support Services

Activities: Coordination of health care services

Strategy: Provide access and quality care of health services

Goal: Promote healthy behaviors

1) *Goal 2* — Increase access to medical, dental and mental health supports and services in the community

3) *Goal 6* — Increase services and supports for high-risk teens

Objective: Provide access to health care services and support

Baseline/Target Population: Number of participants in 2015: 1,294

Inputs	Activities	Outputs
Medical staff materials supplies	Organize and advertise health screenings Arrange health screenings Provide health care services	Conducted the following health care services: <ul style="list-style-type: none"> • Pregnancy testing • Cardiac rehab • Maternity care coordination • Pastoral services



Category B: Health Professions Education

Activities: Health profession education, externships, internships and scholarships

Strategy: Provide education and training to current and future health professionals

Goal: Promote healthy behaviors

1) *Goal 2* — Increase access to medical, dental and mental health supports and services in the community

Objective: Provide education and training to current and future health care professionals

Baseline/Target Population: Number of participants in 2015: 115

Inputs	Activities	Outputs
Medical staff Materials Supplies	Organize and advertise health education classes Advertise and promote health related education internships and scholarships Arrange continuing medical education opportunities, internships and scholarships	Conducted the following health education opportunities: <ul style="list-style-type: none"> • Medical clerkships • Medical internships • Medical student training • Nursing education • Pharmacy student training • Externship/internships • Scholarships • Student training

Category E: Financial and In-Kind Donations

Activities: In-kind donations

Strategy: Provide support to local agencies to promote health

Goal: Promote healthy behaviors

1) *Goal 2* — Increase access to medical, dental and mental health supports and services in the community

2) *Goal 4* — Increase social supports for children and families

3) *Goal 5* — Increase social supports for seniors residing in the community

Objective: Provide support to agencies and organizations that promote health in the community

Baseline/Target Population: Number of participants in 2015: 2,256

Inputs	Activities	Outputs
Staff Meeting space Supplies Materials Food	Identify community service projects and programs	Participated in the following projects and programs: <ul style="list-style-type: none"> • CHIP meetings support • Community clothes donations • Coordinate blood drives • Executive committee support • In-kind gift donation

Category F: Community Building and Supports

Activities: Community building and supports

Strategy: Provide services that support the community

Goal: Promote healthy behaviors

- 1) *Goal 3* — Reduce the number of children who are abused and/or neglected
- 2) *Goal 4* — Increase social supports for children and families

Objective: Provide services that promote health in the community

Baseline/Target Population: Number of participants in 2015: 2,575

Inputs	Activities	Outputs
Staff Facilities Materials Supplies	Identify services, projects and programs Organize services	Participated in the following projects and programs: <ul style="list-style-type: none"> • Relay for Life • Rotary meetings • Zimmer MRI scans • Radio programs



Community Benefit Activities

External 2015/2016

Goal: Promote Healthy Behaviors

Area 1: Increase physical activity, fitness and access to healthy, nutritious foods for children, youth and families

Community Need:

- Percentage of children on Free and Reduced Lunch: 59.7%
- Percentage of children who are overweight/obese: 28.9%
- Percentage of families receiving food stamps: 15.7%

Target Population: Low-income, uninsured, and underinsured families

Focus Issue: Access Community Health Improvement

Community Benefit Reporting Category: Financial and In-Kind Contributions

Agency/Area	Activity	Outputs
Neighbors For Kids	Healthy Living Project	Provided education, training, and outreach to 488 children to reduce childhood obesity.
Yachats Youth & Family Activities Program	After school nutrition program	Provided education and support to 30 children to reduce childhood obesity.

Area 2: Increase access to medical, dental and mental health supports and services in the community

Community Need:

- Percentage of children who are uninsured: 8.2%
- Percentage of children living in poverty: 33%

Target Population: Low-income, uninsured, and underinsured families

Focus Issue: Access Community Health Improvement

Community Benefit Reporting Category: Financial and In-Kind Contributions

Agency/Area	Activity	Outputs
Centro de Ayuda	Outreach, education and medical translation	Provided diabetes education and support to 23 adults.
Community Services Consortium — Head Start	Hearing testing equipment	Provide hearing tests on 62 Head Start children.

Area 3: Reduce the number of children who are abused and/or neglected

Community Need: Percentage of children who are victims of abuse and/or neglect: 22 (per 1000 children)

Target Population: Children

Focus Issue: Access Community Health Improvement

Community Benefit Reporting Category: Financial and In-Kind Contributions

Agency/Area	Activity	Outputs
Children Advocacy Center of Lincoln County	Assessments and supports to children	Conducted 141 assessments on children for signs of abuse.
Court Appointed Special Advocates	Child advocacy	Provided training to 8 new CASAs.

Area 4: Increase social supports for children and families

Community Need: Percentage of residents living in poverty: 19.7%

Target Population: Low-income families

Focus Issue: Access Community Health Improvement

Community Benefit Reporting Category: Financial and In-Kind Contributions

Agency/Area	Activity	Outputs
Family Promise	Skill building classes for families	Provided literacy education to 86 adults.
Northwest Coastal Housing	Youth literacy and tutoring program	Provided literacy education and tutoring to 55 youth.
Partnership Against Alcohol & Drug Abuse	Student athlete support program	Provided substance abuse prevention education to 17 high school athletes.

Area 5: Increase services and supports for high-risk teens

No agencies are funded in this goal area.

Area 6: Increase social supports for seniors residing in the community

Community Need: Percentage of residents age 65 and older living in poverty: 9%

Target Population: Seniors

Focus Issue: Access Community Health Improvement

Community Benefit Reporting Category: Financial and In-Kind Contributions

Agency/Area	Activity	Outputs
Retired Senior Volunteer Program	Basic health care	Provided support services for 545 seniors.
Senior Meals on Wheels	Food assistance	Provided meals to 1,239 seniors.

Community Benefit Activities

2016/17 Funding Goals/Priorities

Goal: Promote Healthy Behaviors

Area 1: Increase physical activity, fitness and access to healthy, nutritious foods for children, youth and families

Priority: Childhood obesity

Agencies: Crestview Heights School

Lincoln County School District After School Program

Neighbors For Kids

Area 2: Increase access to medical, dental and mental health supports and services in the community

Priority: Access to care and basic health care

Agencies: Community Services Consortium — HELP Program

Salvation Army

Area 3: Reduce the number of children who are abused and/or neglected

Priority: Child abuse and/or neglect

Agency: CASA of Lincoln & Tillamook Counties

Area 4: Increase social supports for children and families

Priority: Homelessness, basic health care and literacy

Agencies: Coastal Range Food Bank

Community Services Consortium — Head Start

Family Promise

Food Share of Lincoln County

Northwest Coastal Housing

Seashore Family Literacy

Area 5: Increase services and supports for high-risk teens

Priority: Homelessness

Agency: Second Home

Area 6: Increase social supports for seniors residing in the community

Priority: Basic health care

Agencies: North End Senior Solution

Retired Senior Volunteer Program

Senior Meals/Meal on Wheels



Summary

Samaritan Health Services (SHS) has been supporting the communities of Benton, Lincoln and Linn counties for several years. As a regional health care system, SHS implements community benefit services and activities through a strategic comprehensive approach. Support groups, community education and support services are available to residents throughout the five hospitals. Each hospital also provides financial support through grants and donations to local non-profit agencies in each community. SHS is a key partner in many local coalitions and a strong collaborator in initiatives that address the mission, vision and values of the organization. Partnering with local government agencies and non-profit organizations, SHS participates in conducting a needs assessment in each county to determine health priorities. SHS also relies on community involvement to identify priorities and to help direct the type of services to be offered in each service area. During 2015 SHS provided more than \$113 million in community benefit, charity care and other services.

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