

Sports Physical Therapy Curriculum Calendar

	Jun	Jul	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	July	Aug
Didactics		Concussion & Facial Injuries		Knee Injuries		Thoracic Outlet		Athletic Hip SX		Spondylosis & Listhesis		Wrist/Hand			
	Pre-participation Exam	C-Spine Management	Medical Conditions & Management		Throwing Biomechanics		Hip/Groin Injuries		Ankle Injuries		UCL Injuries		Resident as Didactic Mentor		Resident Case Study / Research Presentation
	Statistics	Acute UE/LE injuries	Psychological RTS Considerations	Lifting Mechanics		Brachial Plexus		Sports Nutrition		Sports Performance		Pediatric Sports Med	Special Patient Populations	Resident as Didactic Mentor	
		Emergency Action Plan		Knee Cartilage SX		Cervical Disc		Sports Hernia		Athletic Foot Injury					
	Critical Appraisal		Environmental Considerations		GH Labral Injuries		Acute Hamstring		Female Athlete & REDs		Athletic Elbow		Microdiscectomy & Sport		
									Primary Care: Sports Medicine						
Manual Labs			Knee		Cervicothoracic		Ankle		Elbow		Hand				
			Shoulder			Hip		Lumbar							
Sport Specialty Clinics			Runner's Clinic		Concussion Clinic		Cycling Clinic		Golf		Swim Stroke Analysis				
					Thrower Clinic										
On Field Coverage			OSU W. Soccer					OSU Wrestling							
					OSU Football					TBD					
Research	Topic / Project Selection			Submit for OPTA Presentation					Present at Oregon PT Conference		Submit for CSM Presentation			Resident Case Study / Research Presentation	
Practical			C-Spine Management		Taping		Contact		Non-Contact		Non-Contact		Contact		