

## Obsessive Compulsive Disorder

### Books for Children:

*Blink, Blink, Clap, Clap: Why Do We Do Things We Can't Stop?* An OCD Storybook, by E.Katia Moritz, Ph.D., and Jennifer Jablonsky (paperback, 61 pages, Genesis Direct, NJ, 1998)

*The Secret Problem* by Chris Wever & Illustrated by Neil Phillips (1994)

*Up & Down The Worry Hill* by Aureen Wagner Pinto

*You Do That Too?* by Jose Arturo and Rena Benson

### Books for Families:

*The Boy that Couldn't Stop Washing*, by Judith Rapoport, M.D.

*Brain Lock*, by Jeffrey Schwartz, M.D.

*Freeing Your Child From OCD*, by Tamar E. Chansky, Ph.D.

*Obsessive-Compulsive Disorder: Help for Children & Adolescents*, by Mitzi Waltz

*What To Do When Your Child Has OCD: Strategies and Solutions*, by Aureen Pinto Wagner, Ph.D.

*Obsessive Compulsive Disorder: New Help For The Family* by Herbert L. Gravitz, Ph.D.

### Web Sites:

[www.ocfoundation.org](http://www.ocfoundation.org) (Obsessive Compulsive Disorder Foundation)

[www.tsa-usa.org](http://www.tsa-usa.org) (Tourette Syndrome Association, Inc.)

<http://info.med.yale.edu/chldstdy/tsocd/> (Yale University School of Medicine)

<http://info.med.yale.edu/chldstdy/tsocd/> (Nation Institute of Mental Health)

<http://ocdresearch.stanford.edu/> (Stanford University)

[www.ocdawareness.com/](http://www.ocdawareness.com/) (Awareness Foundation for OCD)

<http://www.nami.org/> (National Alliance for the Mentally Ill)

<http://www.nmha.org/> (National Mental Health Association)

<http://www.nimh.nih.gov/> (Nation Institute of Mental Health)

<http://www.rxlist.com/> (a medication resource site)

<http://www.mentalhealth.com/> (a medication resource site)

<http://medlineplus.gov/> (a medication resource site)