OBJECTIVE
Food insecurity is defined as the inability to procure an adequate amount of healthy foods to sustain a healthy lifestyle. SHARe aims to improve health outcomes in food insecure patients by providing them with short-term access to food and connect these patients with existing community resources to enable long-term access to food.

MOTIVATION
- Food insecurity in Acute Illness
- Increased chronic disease incidence and exacerbation
- Poorer mental health outcomes and cognitive decline
- Increased hospitalizations
- Worse hospital outcomes

RESULTS

Table 1. Patient Involvement

<table>
<thead>
<tr>
<th>Food Boxes Given (AGH + LCH, 8/2017-2/2020)</th>
<th>All Patients (N=332)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Number of Food Boxes Distributed Per Month (AGH/LCH)</td>
<td></td>
</tr>
<tr>
<td>285</td>
<td></td>
</tr>
</tbody>
</table>

• On average, 9 patients per month qualified for food boxes, and 4 patients per month qualified for food backpacks.

METHODS

- Patients at Albany General Hospital and Lebanon Community Hospital
- Inclusion Criteria:
  - USDA standardized question: “Within the past 12 months, were you worried that your food would run out before you had money to buy more?”
  - SNAP, WIC, Community food assistance
  - Directly benefits from the food in the boxes

GUIDE TO IMPLEMENTATION

Step 1: Determine the need
Step 2: Connect with your local resources
Step 3: Write down your execution plan
Step 4: SHARe your plan
Step 5: Track your progress

REFERENCES & ACKNOWLEDGEMENTS

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